## BENEFITS Enrollment Guidelines

Click on any web address in the table to go directly to that website.

<table>
<thead>
<tr>
<th>BENEFIT</th>
<th>IS ENROLLMENT REQUIRED?</th>
<th>CAN I ENROLL ON SELF SERVICE?</th>
<th>IS PAPER ENROLLMENT AN OPTION?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Insurance</td>
<td>Yes, even if you are electing to decline coverage.</td>
<td>Yes, during the initial 60 days of eligible employment, marriage or birth/adoption of a child; and annually during Open Enrollment. Enrollment at any other time must be done via paper enrollment form.</td>
<td>Yes. Use the RF Benefits Enrollment form.</td>
</tr>
<tr>
<td>Dental Insurance</td>
<td></td>
<td>Yes and no. Coverage is automatic, so you will not have to enroll, but you may designate or change beneficiaries during the initial 60 days of eligible employment and annually during Open Enrollment. Beneficiary changes at any other time must be made via paper enrollment form.</td>
<td>Yes and no. Coverage is automatic, so you will not have to enroll, but you may designate or change beneficiaries using the RF Benefits Enrollment form.</td>
</tr>
<tr>
<td>Vision Insurance</td>
<td>Yes, during the initial 60 days of eligible employment.</td>
<td>Yes, during the initial 60 days of eligible employment, marriage or birth/adoption of a child; and annually during Open Enrollment. Enrollment at any other time must be done via paper enrollment form.</td>
<td>Yes. Use the RF Benefits Enrollment form. Evidence of insurability is also required for coverage increases and late enrollments.</td>
</tr>
<tr>
<td>Basic Life and AD&amp;D Coverage</td>
<td>No, coverage is automatic.</td>
<td>Yes, during the initial 60 days of eligible employment. At any other time, coverage and beneficiary changes must be made via paper enrollment form.</td>
<td>Yes. Use the RF Benefits Enrollment form. Evidence of insurability is also required for coverage increases and late enrollments.</td>
</tr>
<tr>
<td>Optional Life and AD&amp;D Coverage</td>
<td>Yes.</td>
<td>Yes, during the initial 60 days of eligible employment. At any other time, coverage and beneficiary changes must be made via paper enrollment form.</td>
<td>Yes. Use the RF Benefits Enrollment form and Optional Dependent Life Enrollment form. Evidence of insurability is also required for coverage increases and late enrollments.</td>
</tr>
<tr>
<td>NY State Disability</td>
<td>No, coverage is automatic.</td>
<td>No, coverage is automatic.</td>
<td>No, coverage is automatic.</td>
</tr>
<tr>
<td>Voluntary Short-Term Disability</td>
<td>Yes.</td>
<td>Yes, during the initial 60 days of eligible employment. At any other time, coverage changes must be made via paper enrollment form.</td>
<td>Yes. Use the RF Benefits Enrollment form and Voluntary Short-Term Disability Enrollment form. Evidence of insurability is also required for coverage increases and late enrollments.</td>
</tr>
<tr>
<td>Long-Term Disability</td>
<td>No, coverage is automatic.</td>
<td>No, coverage is automatic.</td>
<td>No, coverage is automatic.</td>
</tr>
<tr>
<td>Basic Retirement</td>
<td>No. Contributions begin automatically after you satisfy the eligibility requirements.</td>
<td>No. However, you should log on to the vendor website (<a href="http://www.tiaa-cref.org/rfsuny">www.tiaa-cref.org/rfsuny</a>) to designate your beneficiary and/or if you would like to choose an investment option other than the default (age-based target date fund).</td>
<td>No. However, you should log on to the vendor website (<a href="http://www.tiaa-cref.org/rfsuny">www.tiaa-cref.org/rfsuny</a>) to designate your beneficiary and/or if you would like to choose an investment option other than the default (age-based target date fund).</td>
</tr>
<tr>
<td>Optional Retirement</td>
<td>Yes.</td>
<td>Yes, at any time during the year. However, you should log on to the vendor website (<a href="http://www.tiaa-cref.org/rfsuny">www.tiaa-cref.org/rfsuny</a>) to designate your beneficiary and/or if you would like to choose an investment option other than the default (age-based target date fund).</td>
<td>Yes. Use the RF Salary Reduction Agreement form. However, you should log on to the vendor website (<a href="http://www.tiaa-cref.org/rfsuny">www.tiaa-cref.org/rfsuny</a>) to designate your beneficiary and/or if you would like to choose an investment option other than the default (age-based target date fund).</td>
</tr>
<tr>
<td>Deferred Compensation (special eligibility rules apply)</td>
<td>Yes.</td>
<td>No. Paper enrollment form only.</td>
<td>Yes. Complete the voluntary salary deferral agreement and the TIAA-CREF enrollment form.</td>
</tr>
<tr>
<td>Long-Term Care Insurance</td>
<td>Yes.</td>
<td>Yes, but log in via the carrier website (<a href="http://www.ltcbenefits.com">www.ltcbenefits.com</a>). Password: trfsunyltc</td>
<td>No.</td>
</tr>
<tr>
<td>Health and Dependent Care Flexible Spending Accounts</td>
<td>Yes.</td>
<td>Yes, during the initial 60 days of eligible employment and annually during Open Enrollment. At any other time, coverage changes must be made via paper enrollment form.</td>
<td>Yes. Use the Flexible Spending Account Enrollment form.</td>
</tr>
<tr>
<td>RF Ride Transit and Parking Benefit</td>
<td>Yes.</td>
<td>Yes, but log in via the vendor website (<a href="http://www.wageworks4me.com">www.wageworks4me.com</a>).</td>
<td>No.</td>
</tr>
</tbody>
</table>
BENEFITS  How to View Your Benefits

GO TO: Employee Self Service Home  >  Main Menu  >  Employee Self Service  >  My Benefits

1. **Accept** the Legal Disclaimer verifying that you are providing accurate information and click **Next**.

2. On the Dependents and Beneficiaries page, you can review your dependent and beneficiary information. If you need to update this information see **How to Enroll in or Make Changes to Benefits** on the next page. Click **Next**.

3. Select the program you wish to review and click **Next**.

4. Click the **Current Benefits** tab and use the drop-down menu to select the effective date of the benefits you would like to review.

5. Click **Go**.
BENEFITS  How to Enroll in or Make Changes to Benefits

GO TO: Employee Self Service Home > Main Menu > Employee Self Service > My Benefits

1. **Accept** the Legal Disclaimer verifying that you are providing accurate information and click **Next**.

2. On the Dependents and Beneficiaries page, you can add or update your dependent and beneficiary information.

   **To add dependents and/or beneficiaries:**

   **Tip!** Before getting started, be sure you have your dependent’s or beneficiary’s full legal name, date of birth and Social Security number (if one has been assigned).

   a. Click **Add Another Person**.

   b. Enter information in all the required (*) fields following the guidelines below. Social Security numbers are required unless your dependent has not yet been issued one.

      - **If you are a new employee**, the relationship start date is your date of hire.
      - **If you have a new child**, the relationship start date is your child’s date of birth/adoption.
      - **If you are adding a spouse**, the relationship start date is your date of marriage.

      If you have dependent changes for any other reason, contact your campus Benefits Office.

   c. Click **Apply** at the bottom of the screen to save your changes.

   d. Repeat these steps to add more dependents or beneficiaries.

   Continues next page >>
To update information for a current dependent and/or beneficiary:

a. Click the pencil icon in the row in which the person’s name appears.

b. Update the information as needed.

c. Click Apply at the bottom of the screen to save your changes.

d. Repeat these steps to update more dependents and beneficiaries.

3. When you are finished adding/updating your dependents and beneficiaries, click Next.

4. Select the Benefits program for the following benefits.

<table>
<thead>
<tr>
<th>Enrolling In …</th>
<th>Choose Program Name …</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical, Dental, Vision, Voluntary Life and AD&amp;D Insurance, Voluntary Short-term Disability, Flexible Spending Accounts</td>
<td>Benefits</td>
</tr>
</tbody>
</table>

*Note: Basic Life and AD&D, Short-term Disability, and Long-term Disability are automatic benefits and do not require enrollment.*

| Long-term Care and Parking Benefit | See carrier website to enroll, you will not be able to enroll here. |

5. Click Next.

(Continues next page >>)
6. On the Benefits Enrollment page is a summary of your current benefit elections. All newly eligible employees will default to “Waived” for Health, Dental and Vision coverage. To make your elections, click **Update Benefits** on the bottom right. For more information about your options, visit [www.rfsuny.org/benefits](http://www.rfsuny.org/benefits).

7. Use the checkboxes and fields to enter your elections for each benefit. Benefit levels with a certificate icon next to them require certification. Also, some benefits are provided to you automatically at no charge. You will not be able to change those elections.

   **Tip!** Select the pre-tax option to ensure your benefits are exempt from taxes.

8. When you’re ready to elect coverages for specific dependents, click **Next**.

   *Continues next page*
BENEFITS  How to Enroll in or Make Changes to Benefits  Continued

9. Use the checkboxes to designate which dependents receive which coverages.

10. Once you have made your elections, click Next.

11. On the Beneficiary Selection page, update your beneficiary designations. Click Recalculate to ensure your totals do not exceed 100%.

**Tip!** If you would like some or all of your benefits to go to your estate, assign the percentage to your own name.

12. Once you have entered your beneficiary designations, click Next.

13. On the Confirmation Statement, you can review your elections to confirm they are accurate.

   a. To print your Confirmation Statement, click Confirmation Statement, and then use your browser’s print function.
   
   You will not have a chance to review your confirmation statement again, so be sure to print it now for future reference.

   b. To make changes to your elections, click Back.

   c. To complete the enrollment process, click Finish.

**Tip!** To enroll in Optional Retirement, click the Change Program tab at the top of the page to switch the benefits program to Optional Retirement and start at step 3 in the Optional Retirement section.

On the Confirmation Statement page, you may see warnings indicating that proper certification is required before coverage can begin for your dependents. Please contact your campus Benefits Office for more details.
BENEFITS  How to Enroll in or Make Changes to Optional Retirement

GO TO: Employee Self Service Home > Main Menu > Employee Self Service > My Benefits

1. Accept the Legal Disclaimer verifying that you are providing accurate information and click Next.

2. On the Dependents and Beneficiaries page, click Next.

3. Select the Optional Retirement program and click Next.

4. On the Benefits Enrollment page is a summary of your current Optional Retirement election (stated as a percentage of gross pay). To enroll or update this amount, click Update Benefits on the bottom right.

5. Enter the percent of gross pay you would like to contribute and click Next.

6. Click Next again as there are no covered dependents for this program and beneficiaries must be designated at TIAA-CREF.

7. On the Confirmation Statement, you can review your elections to confirm they are accurate.
   a. To print your Confirmation Statement, click Confirmation Statement, and then use your browser’s print function.
   b. You will not have a chance to review your confirmation statement again, so be sure to print it now for future reference.
   c. To make changes to your elections, click Back.
   d. To complete the enrollment process, click Finish.

This deduction will take place immediately, and be processed in the first pay period to be run after you have made your election.

Note that you can review your dependent and beneficiary information, but all beneficiaries for Optional Retirement must be managed at TIAA-CREF.