Rape Aggression Defense

The primary objective of the Rape Aggression Defense (R.A.D.) program is to develop and enhance the options of self defense so they may become viable considerations to the woman who is attacked.

The R.A.D. approach to personal safety education embodies a practical blend of threat avoidance strategies and real world assault resistance tactics for women. The focus of the R.A.D. course is on the development of easily mastered personal safety skills, which can be safely practiced within a comfortable learning environment. The coupling of those physical skills with a threat assessment process will increase physical safety awareness.

The R.A.D. program is not a traditional self-defense course. It fills a long standing void in personal defense training by enabling women to quickly learn a set of cognitive and physical skills that will be beneficial for the years to come. The choice to resist in any particular situation is a very personal one.

The overall goal is to reduce victimization through informed decisions making and sensible action.

For R.A.D. questions, contact Community Relations at (631) 632-3056 or visit:

www.stonybrook.edu/police/programs/rad

The program is sponsored by the Residence Hall Association, University Police and Campus Residences and is free to Stony Brook University Faculty, Staff and Students.

NOTE: The R.A.D. program is for women only.
New York State statutes define sexual assault in various degrees. Sexual assault, of any kind, is a crime.

Sexual violence on college campuses is an issue of concern on campuses across the nation. Unlike common stereotypes of sexual assault, in a majority of cases involving sexual assault, the victim and perpetrator are known to one another.

Sexual assault is any actual or attempted nonconsensual sexual activity including but not limited to, forcible anal or oral sex, attempted intercourse, sexual touching, exhibitionism by a person (s) known or unknown to the victim.

Rape is the act of sexual intercourse with a person against one’s will and consent, whether their will is overcome by force or fear resulting from the threat of force, or by drugs administered without consent, or when they are unconscious, intoxicated or otherwise physically unable to communicate. Be aware that having sex with someone who is unable to give consent by being mentally incapacitated or unconscious (passed out) is rape.

If you are a victim of rape or sexual assault, it is recommended that you seek medical attention immediately. To report that you have been the victim of a rape or sexual assault contact University Police on campus at 333 or from an off campus phone at (631) 632-3333. University Police can provide you with transportation to the Stony Brook University Medical Center SANE Center where you can obtain confidential medical care and forensic exam by a Sexual Assault Nurse Examiner. There is a 96 hour window within which victims of rape or sexual assault can be examined. It is always recommended that you do not:

- Bathe or douche;
- Change clothing,
  comb your hair or brush your teeth;
- Disturb the area in which the crime occurred.

These actions destroy physical evidence that may be necessary to convict an attacker.

Why you should contact University Police or other agencies:

To officially report the assault: you may decide days or weeks later that you wish to press charges against your attacker. By reporting the assault immediately and preserving the evidence, you will have the foundation for future prosecution.

Reporting the assault does not mean you must prosecute, but the report may help authorities identify the offender and prevent the victimization of others.

Reporting the offense to the University Police or other agencies does not obligate you to press charges and your name will not be released to the news media.

Remember, sexual assault is a crime committed against you, not by you. Do not blame yourself. Sexual assault can be a traumatic experience and it is recommended that victims seek counseling. Counseling services are available through the Counseling and Psychological Services/Center for Prevention and Outreach at (631) 632-6720.

Prevention:

- Let others know where you are going and when you expect to return.
- Walk with confidence and alertness. Assailants are less likely to target a person who appears assertive and difficult to intimidate.
- Report suspicious persons immediately to the University Police.
- Sign up for the SB Guardian system. For more information visit www.stonybrook.edu/emergency.

University Police Sexual Assault Policies:

1. University Police Officers will meet with you privately, to take a complaint report.
2. Your name will not be released to the public or to the press.
3. University Police Officers will treat you and your case with courtesy, sensitivity, respect and professionalism.
4. Best efforts will be made to accommodate your wish to speak with either a male or female officer.
5. Information on counseling and other resources will be made available to you.
6. Your case will be fully investigated. This may lead to the arrest and full prosecution of your attacker. You will be kept up to date on the progress of any investigation and/or prosecution.
7. University Police Officers and Detectives will be available to answer your questions and explain the systems and processes involved in the filing of a report and prosecution of a suspect.

If you believe you have been the victim of a sexual assault call the University Police Department at (631) 632-3333. All calls are kept strictly confidential.